



Dilworth Community Association  
PO Box 36023  
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# Dilworth Quarterly

June 2020

## Lending A Helping Hand

**If you're looking for ways to offer your help during the pandemic, here are some organizations who could use it. Of course, this list is nowhere near exhaustive. Please check the Dilworth Express, the Charlotte Agenda, or wherever you get your local news frequently for updated lists! Also, check with the organizations directly to ensure nothing has changed since the time this issue of the Dilworth Quarterly went to print.**



### Dilworth Soup Kitchen

Dilworth Soup Kitchen is balancing two public health issues, the threat of COVID-19 and the threat of people going hungry. They are currently serving "to go" lunches every Monday and Friday outside the church. The demand is very high and this is expected to continue.

Normal grocery partners are currently limited as to what they can provide because of huge demands from the public. DSK is now having to purchase much of the food supply as well as containers, increasing operating costs.

To donate: [www.dilworthsoupkitchen.org](http://www.dilworthsoupkitchen.org), click on the DONATE tab



### The Relatives

At The Relatives, responding to crisis is our mission and right now, the entire community is experiencing what our kids face daily - the unknown. Our youth and young adults are amongst the most vulnerable population in Charlotte, and we

know the economic impacts of COVID-19 will hit them especially hard. Right now we are doing all we can to meet their basic needs of food, housing, and access to resources and to mitigate the negative effects of the crisis by providing emergency assistance to keep them stable during the pandemic. The Relatives' Youth Crisis Center in Dilworth, On Ramp Resource Center for vulnerable young adults in Uptown, and scattered site Housing Program for homeless young adults all remain open for business and are committed to serving the youth and young adults who rely on us for support.

To donate: <https://therelatives.org/donate> or donate items from our wish list <https://therelatives.org/make-a-difference/needs-list>



**Pat's Place** Since 2005, Pat's Place Child Advocacy Center has coordinated the investigation and treatment of

the most serious cases of child abuse throughout Mecklenburg County. The mission of Pat's Place is to protect and heal children, unite key partners, and engage the community to end child abuse.

In the wake of COVID-19, Pat's Place has moved to a virtual model in order to better serve community partners and meet the needs of child victims of abuse. New IT equipment was purchased, and the team implemented new technology solutions that have enhanced response services and mental health therapy services during this critical time. Unfortunately, child abuse does not stop because there is a

continued on page 24

### Don't Miss

Need some yard work done? **Connect with local help on page 5.**

Learn about the latest neighborhood re-zonings and projects. **See page 6.**

Want to know where in Dilworth was considered "Cupid's Reception"? **Find out on page 7.**

Practice good housekeeping for your older, mature trees. **Details on page 9.**

For summer saftely tips for your dog... **See page 13.**

Wondering where to fin extra financial help to make that dream project on your historic building a reality? **See page 14.**

An update on the Dilworth Animal Hospital fi e. **See page 18.**

How has the quarantine impacted your neighbors? **Go to page 26 to find out.**

## MY CURRENT LISTINGS & SALES IN DILWORTH!



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### Deadline for Next Issue:

**Ads: July 15**

*If you are interested in advertising in the Quarterly, email Mary Beth Sensabaugh at [msensabaugh@carolina.rr.com](mailto:msensabaugh@carolina.rr.com). Rates and sizes can be found on [dilworthonline.org](http://dilworthonline.org).*

**Copy: July 27**

*Copy and ads received after the deadline may be held for a later issue.*



*The Dilworth Quarterly is written by volunteers and proudly printed on 30% reused and 100% recycled paper. It is published under the direction of the DCA and is mailed 4 times a year to over 4500 households and businesses in the Dilworth community. While we make every reasonable effort to verify the integrity of our advertisers, we do not endorse products or services unless specifically stated.*

*From  
the President*

## With Gratitude

I've put off writing this letter for weeks. From the first cases of COVID-19 in the United States to social distancing to the stay at home order to now, I've hoped for an answer before putting pen to paper. The answer would remove the looming unknowns. It would give me accurate, transparent data on all aspects of this virus. It would provide a surplus supply of tests and protective gear for all. It would tell me when this will end and it would explain how we will recover as individuals, communities, a nation, and global partner.

The uncertainty continues, but it has created an opportunity for me to watch this neighborhood blossom. Coronavirus propelled residents into immediate action in support of one another. It has become routine to offer to go on grocery runs, make homemade hand sanitizer and masks, and deliver meals. People continue to request and initiate new ways to help the vulnerable. The streets are occupied by strollers and bicycles. Children decorate sidewalks with colored chalk while parents host virtual happy hours from front porches. We make new



Valerie Preston  
DCA President

friends from a social distance. Our dogs are exhausted from all of the walks and our yards have never looked more beautiful. I love it.

As we've grown accustomed to closings and cancellations, it won't come as a surprise that, along with so many other events this year, the Dilworth Home Tour and the Dilworth Jubilee are cancelled. There was much concern about our neighborhood needing something to look forward to, to celebrate, if we're allowed. That may be true, but from my front porch, I've witnessed a continuous daily celebration of the beauty of our community, neighbors being neighbors, and the remarkable resilience and creativity that is born of necessity.

I don't know what will happen once this peculiar time ends. Until then, I commend all of you for your generosity, adaptability, and patience. I applaud your creativity and ingenuity. Thank you. I am grateful, and proud, to live in this magnanimous neighborhood. ■

## Dilworth Express

**Do you want to know what's going on in and around your Dilworth neighborhood each week?**

**For the latest updates and evolving news for events and businesses in the area...**

Sign up for the *Dilworth Express*, a free weekly email that connects you to all things Dilworth.

**Q:** How can you get connected? **A:** Send an email requesting the *Dilworth Express* to: [express@dilworthonline.org](mailto:express@dilworthonline.org).

**NOTE:** The Dilworth Community Association will never sell or share the your email to any third party. ■

## 2020 DCA Officers

Valerie Preston  
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Mathew Demetriades  
Secretary

## Board Members

Term Expires 2020	Term Expires 2021	Term Expires 2022
Courtenay Buchan	Mathew Demetriades	Chris Carter
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John Gresham	Sis Kaplan	Cindy Zakary
Liz Lewis	Franklin Keathley	
Missy Owen	Nathan Leehman	
Valerie Preston	Fran Miller	

## Home Tour Committee

Mathew Demetriades and Dana Jodice  
2020 Home Tour Co-Chairpersons

### DCA Board Meetings

*Stay tuned via Dilworth Express*

All DCA meetings are open to the public the first Wednesday of the month at the Tom Sykes Center (lower level) at 6:30 PM with time allotted for Q & A.

## Dilworth Quarterly Contributors

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Laurie Graybeal	Liz Lewis
Kristi Harpst	Valerie Preston
Remi Haygood	

*Regrettably,*  
**both Jubilee and  
the Dilworth Home Tour  
are cancelled for 2020.**

*There are no Tom Sykes classes  
until further notice.*



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# Summer Connections

My name is **Summer Thomason**, and I am 12 years old. I am a rising 7th grader at Piedmont IB Middle School. I love playing sports and I love being around little kids. As a 6th grader, I think I am very responsible and would be a good **Mother's Helper**. I also like **mowing the lawn and doing yard work**. Please email me [thesummerbadger@gmail.com](mailto:thesummerbadger@gmail.com) or [summer@summerthomason.com](mailto:summer@summerthomason.com). My phone number is 704-996-4756.



My name is **Reka Swartz**, and I am 12 years old. I am a rising 7th grader at Piedmont Open IB Middle School. I am a big sister of two younger siblings and I have been a **Mommy's Helper** for many of my neighbors with babies as young as 6 months. References are available. I will **walk and feed pets that need care**. If you would like to contact me my email is [Rekaswartz08@gmail.com](mailto:Rekaswartz08@gmail.com) and my phone number is 704-213-6297.



"30 with Nee" **Nia Nelson**, 17 years old, Myers Park High. **30 Minutes Boys & Girls Basketball Sessions**. Fun / No Pressure, 4 to 17 years old. I will come to you. No goal needed. Experience: 9 years - Basketball Player, MP Varsity Basketball, Red Cross Babysitting Certificate, Sports Medicine Class, 13 years - Girl Scout, 6 years - Viola Player. \$10 per child - Individual or Group. Email: [ShareTheFutureToday@gmail.com](mailto:ShareTheFutureToday@gmail.com).



Hi I'm **Jack Dorsch** and I am 15 years old and will be a sophomore at Charlotte Catholic in the fall. I **babysit, pet sit and can collect your mail**. I will be around most of the summer. I have experience sitting for babies through elementary school age kids. If you would like to contact me, please feel free to call or text me at 704-502-5766.



Hi, my name is **Ella Dorsch** and I am 13 years old. I will be an 8th grader at Northwest School of the Arts in the fall. I

**babysit, can be a Mother's Helper, pet sit and pick up mail**. I will be around most of the summer. I have experience sitting for babies through elementary school and I also have taken babysitting classes at the Red Cross. If you would like to contact me, please feel free to call or text me at 704-612-3699. ■

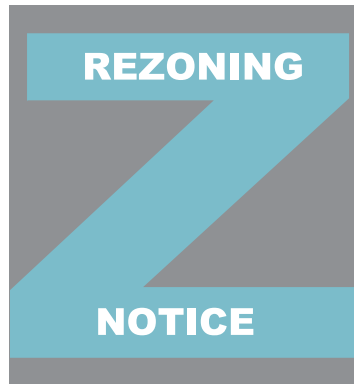


CRUISER | 10.22.07-03.17.2020 | Cruiser and I walked in our beloved Dilworth for many, many years and made some great and lifelong friends along the way. He will forever be in our hearts and our memories for the life we had with him. In this most difficult time, we must all grieve the loss of loved ones, precious pets, missed special occasions and opportunities while simultaneously looking to the future. With joy and hope, we welcome Percy to the Curme family. We look forward to seeing our Dilworth neighbors and friends caring for each other and finding joy in the smallest of moments.

**Thank you Dilworth community for wonderful memories and holding a special place in my heart and as always be well and be kind.**



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# Land Use

## Rezoning Updates

The Land Use committee is actively working on aspects of the following re-zonings or projects. Go to [rezoning.org](http://rezoning.org) to check the current status of any of the following petitions:

**The Bridgewood Property Group** - Rezoning petition **2020-032** for 1.39 acres at 727 E. Morehead. The site was rezoned for office and commercial use in 2008; this petition would allow development of 220 age restricted multi-family residential independent living units.

**Selwyn Property Group** - Rezoning petition **2020-052** for 1 acre at 1324 East Blvd. The empty lot was once home to the Epicurean Restaurant. The lot has been empty for decades and used periodically for Christmas tree sales, pumpkin patches and food truck Fridays. The usage discussed with the committee is a 5 or 6 story office building with retail on the first floor and parking underneath.

**Hanover at Morehead** - Rezoning Petition **2020-059** for a 1.5 Acre site located at 711 E. Morehead. The Hanover Company is requesting a rezoning of the site currently zoned for business to mixed use to accommodate 338 high end rental apartment units. Discussions involve the proposed height of 170 feet, the setback and pedestrian interface concerns. This project will likely have a July 20 city council hearing.

**Atrium** - Petition **2019-114** was deferred in March and April and due to the stay at home order. The petition was scheduled for a virtual hearing in May. We continue to work with the Hospital Authority on issues of concern regarding the impact the project would have on our neighborhood.

**The Courtyard at Park Road** - Located at 2400 Park Road, the building currently houses Toast Restaurant and Mere's Wine and Cheese shop along with several small boutique businesses. This rezoning to Neighborhood Services would support additional restaurant use and was not yet filed as of late April. Once filed it is likely to have a fall city council hearing.

### Dilworth Storm Water Projects Myrtle/Morehead Storm Drainage Improvement Project

Euclid Avenue has been closed to through traffic since September 2019 for the Myrtle/Morehead storm drainage project as anyone who has tried to use that road in the past 8 months knows. The Euclid/Lexington and Myrtle/Lexington intersections are completely closed by tunnel pits which are the entry points used to install 84 and 78 inch pipes at a depth of 25 feet. Both intersections will likely remain closed until sometime this summer as the tunneling operation for storm water drainage continues. The installation of storm drainage pipe in the area of Cleveland and Rensselaer has begun. This part of the project is to address some flooding issues on Cleveland and is being coordinated in conjunction with the relocation of Piedmont Natural Gas lines at the intersection of Cleveland and Rensselaer.

In conjunction with the Myrtle/Morehead project, work on Kenilworth Ave at Pearl Street Park has been underway since late 2019 and will last into 2nd quarter 2020. Two-way traffic will be

maintained, but traffic patterns will be shifting as we work from the Little Sugar Creek side of Kenilworth Ave across to the Pearl Park side of Kenilworth Ave.

**Kenilworth/Romney Storm Drainage Project** - Work on the Kenilworth/Romney storm project was scheduled to begin on the Atrium property at the end of March and should move into the neighborhood sometime around the end of 2020. A community open house will be held later this year before the project begins in the neighborhood.

### Waverly at Latta Park

Brush and small trees were cleared in the area at the end of Waverly in April. SunCap Property Group will be building 6 townhomes on two lots near the creek as well as a multifamily project on Kenilworth. They met early this year with Urban Forestry to develop a plan to clear out invasive plants which have grown up along the creek. SunCap is still in the planning stages for the community and expects to start construction early next year. They will be working with Urban Forestry and Parks and Recreation on improvements in that area in the meantime.

Please contact [landuse@dilworthonline.org](mailto:landuse@dilworthonline.org) with questions or comments. ■

## Did You Know?

Latta Park was originally built as "an amusement park and pleasure grounds." It was meant to be restful and romantic. The weekly schedule in the summer of 1891 reserved Thursday evenings from store-closing time to the "wee hours" for "Cupid's Reception" - with parental consent, of course. - excerpt from Tom Bradbury's "Dilworth: The First 100 Years," available at Paper Skyscraper.

(photo of latta park professional sketch from 1891)



While we encourage people to attend our monthly community Dilworth Community Association (DCA) meetings to learn about what's happening and ask questions, at this time we are not holding public meetings due to COVID-19.

Please subscribe to the Dilworth Express for the latest announcements and updates on ever changing events. Subscribe at <https://www.dilworthonline.org/dilworth-express>.

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# Neighborhood Environment

## The Care of Mature Trees

by Laurie Graybeal

It's easy to take trees for granted. They seem to plug along quite well on their own - until, that is, the day that one doesn't. Maybe a huge limb falls, or one of our trees starts looking anemic. Proper tree care can prevent or mitigate many problems and can help keep Dilworth's trees vibrant and healthy.

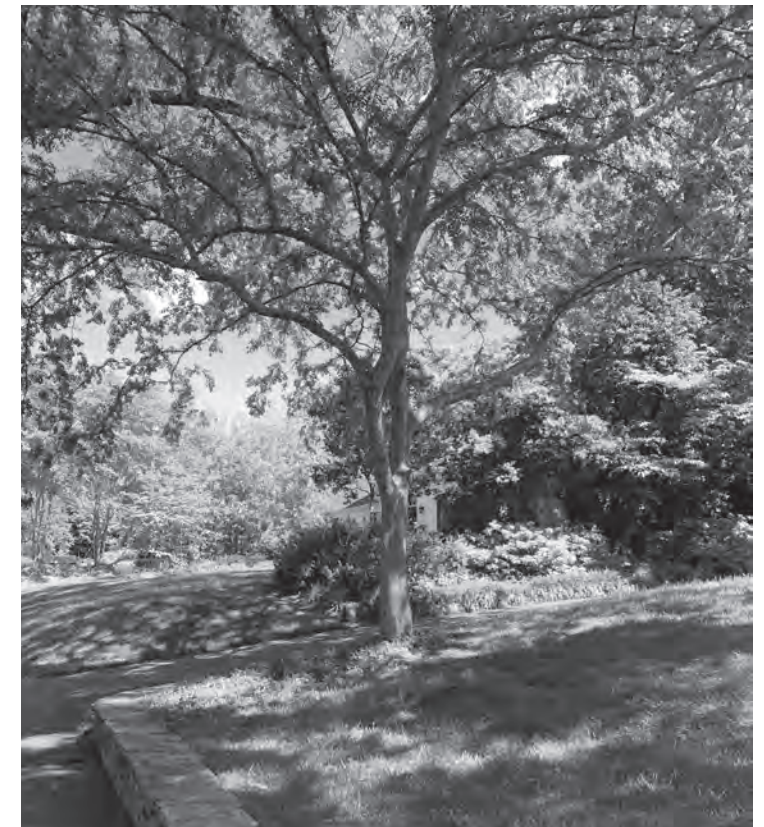
So where should you start? A first step is to inspect each of your trees periodically. Here's what you're looking for: damage to the trunk (cuts, cavities, splits, wounds, loose bark), roots (rotten, severed), leaves that are discolored or misshapen, limbs that have abnormal growths or are dead/dying, a canopy that overhangs a structure or is near a utility line, and storm, pest or other damage. These all indicate the need for help.

You could hire a professional arborist who is ISA-certified, licensed, and insured. Or you can do some tree care on your own. Either way, you will have much better results if you understand what's good for your trees.

Here are some things to consider.

- **Pruning** - Generally, routine annual pruning/thinning is discouraged, but trees benefit from periodic pruning of weak, diseased, or dead limbs. Pruning is called for if you see crossed limbs, sprouts forming at the trunk's base, a v-shaped joint between the trunk and a branch, or branches growing across the tree's center. Pruning that is done properly contributes to the health of a tree, extends its life, and can improve the shape of its canopy. The larger the branch is when it's cut, the more stress it puts on the tree, so pruning regularly (every 3 to 5 years is commonly recommended) is encouraged.

- **Mulching** - When it comes to mulch, think donuts, not volcanoes. Mulching done right improves your tree's health. Most experts agree that mulch should be added in a wide circle around a tree, at a depth no greater than 2-4", and extending in width from a couple inches away from the trunk out to the drip line (an imaginary circle formed by the outermost reach of the tree's canopy). Avoid creating what is called a "mulch volcano", where mulch is too deep and too close to the trunk. The best mulches



are organic: wood chips, bark nuggets, composted leaves, and pine needles.

- **Watering** - Think your tree is doing just fine without being watered? They need watering during periods of drought. Water slowly and deeply. This encourages the roots to grow down deep, thereby strengthening and anchoring the tree so that it's less likely to be uprooted in a storm. Watering is best done in the morning or evening to prevent water from evaporating before it reaches the roots. While you're watering the trees on your own property, water your "street trees", those in the median strip, as well. The City doesn't handle this, and it would be a great boon to the neighborhood if you would.

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- **Mechanical damage** - A tree's roots and bark are essential to its survival. The periodic running over of surface roots by lawn equipment, cutting of bark or roots during construction/repair activities, insertion of nails, wire, dog chains, etc. – all can have a harmful, if at times gradual, impact on trees. Avoidance of these types of mishaps is key, so you may want to keep an eye on your lawn care company (and yourself!). One simple procedure you can carry out on your own when needed: Cutting off loose bark with scissors or a hand pruner. In the event of construction damage, soil compaction around the roots can be an issue. In some situations, this can be mitigated by aeration of the roots. In the event of wounds to the tree, do not attempt to treat them with a sealant ("wound paint" or tar), as this only weakens the tree.

- **Damage from natural causes** - If a storm, lightning or strong wind has done heavy damage to a tree, have a certified arborist or knowledgeable tree care company assess the damage and give you an estimate on the work deemed necessary.

- **Fertilizing** - It's widely recommended that you not fertilize unless a soil test has determined that the soil isn't receiving the proper nutrients.

- **Pests & Diseases** - While the majority of insects found in urban trees are actually beneficial, there are three categories of those which aren't: leaf chewers (caterpillars, cankerworms, beetles, aphids, scales, etc.); leaf borers, which feed within trunks

or branches (beetles, caterpillars, wasps, etc.); and sucking insects (scale, aphids, spider mites, etc.). Methods of control include traps, natural insecticides (horticultural oil, insecticidal soap), as well as stronger sprays and products. The chief culprits in tree disease are fungi, bacteria, and the environment (drought, temperature extremes, air pollution). Some diseases commonly spotted in NC are Anthracnose, Cherry Leaf Spot, Powdery Mildew, Root Rot, Canker, Needle Blight, and other blights. Look for visual clues of damage that are left by insects and diseases via Web images and descriptions. It's worth considering a certified arborist or top-notch tree company for help and treatment options.

Some helpful resources:

Trees Charlotte <https://treescharlotte.org>  
(Tree Education and Resources)

Trees Are Good [www.treesaregood.com](http://www.treesaregood.com)  
(Tree Owner Information; Find An Arborist)

US Dept. of Agriculture [www.treeownersmanual.info](http://www.treeownersmanual.info)  
(Tree Owner's Manual)

NC Urban Forest Council <https://www.ncufc.org>  
(Tree Care Information)

Arbor Day [www.arborday.org](http://www.arborday.org) (Tree Planting and Care). ■

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# There's Something Classic at the Dilworth Soup Kitchen



By Valerie Preston

The coronavirus forced the world into a new normal. Social distancing, limits on gatherings, and working remotely went into effect. People raced to the stores to stockpile cleaning supplies, toilet paper, and food- household necessities for the shelter in place order. But, what if you don't have shelter? Or a way to feed yourself or your family?

The pandemic has led to, and exposed, even greater economic disparity. The Dilworth Soup Kitchen used to serve 150 free meals every Monday. These days they serve that many take out meals twice a week. Not only have they had to double their services on East Blvd., they are also expanding their efforts to other homeless support groups and hospital staff.

The problem is that the Dilworth Soup Kitchen has hardly any budget. They rely on donations from restaurants and grocery stores. As we know, restaurants are struggling to stay in business and grocery stores are struggling to keep food on their shelves.

This is where Jill Marcus comes in. She and Karen Teed own Something Classic Catering and The Mother Earth Group (Halcyon and Fern restaurants). They are also the food and beverage

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partner for The Morehead Inn. Jill was searching for more ways to support our community, hospital workers, food service workers, and farmers. The Dilworth Community Association was looking for ways to increase support for the Soup Kitchen. It was the perfect match.

When Jill learned about the opportunity, she immediately started brainstorming a number of delicious meal combinations that would provide the maximum amount of nutrition and sustenance. She doesn't simply feed people, she nourishes them. Enthusiastically, Jill committed Something Classic to providing 100 meals each week at a very generous discount. This partnership enables Jill to keep her employees, support local farmers, feed the hungry, and support our community.

But it doesn't end there. Jill came up with another delicious way to give back- Stone Soup for Your Soul Program. In her words:

"When we met Zack Wyatt from the Carolina Farm Trust, Karen & I knew there was synergy. Our mission at the Mother Earth Group (our restaurant group), is to Nurture One Another, Our Community & the Earth. Carolina Farm Trust works to support the farming economy and empower the community to take care of itself. Zack's efforts have revolved around the farmers and how

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# Summer Safety for Your Dog

By Remi Haygood and Linda Coad

Who doesn't love spending playtime outside with your furry friend? Nicer weather may mean extra time outside, longer walks, time in the park, or sitting on the patio of a local restaurant.

Our temperatures are climbing and the Carolina heat is coming so it's a good time for some summer safety reminders for your dog.

We've all seen a dog panting heavily on a hot day, tongue hanging out, dragging,

and desperately trying to cool off. Dogs are less efficient with dissipating heat and as their body temperatures rise, it can lead to dehydration, heat exhaustion, and become a real danger. According to PetMD, some particular dogs, like those that are older, overweight, have thick fur, or have certain medical conditions are more prone to overheating. They also warn that some breeds are predisposed to heat stroke including those with short noses like pugs, bulldogs, and shih-tzus.

Summer safety includes being able to identify the warning signs, knowing what to do if you see them, and taking preventative steps to avoid situations that could impact your dog's safety in the heat. If your canine companion begins to overheat, they may first show signs of dehydration. Be on the lookout for warning signs that include excessive panting, tacky saliva, a dark pink tongue that hangs from their mouth, an increased heart rate, or excessive vomiting. If you see any of these conditions, you should act now to help them cool off. If they heat up further, heat stroke can start to set in, which can be very dangerous, even life threatening. Heat stroke will mean your furry friend may experience difficulty breathing or could have red, blue, or purple gums. They may even appear weak or disoriented, show signs of fatigue, and may even collapse. If any of these signs are present, immediate action is needed as this is could be a life threatening emergency. According to Dr. Colleen Smith, founder of Chattanooga Holistic Animal Institute, even mild overheating is considered a veterinary emergency.

Your first step is to call your veterinarian to determine whether they need to see your dog! Move your dog out of the heat to a shady place or, even better, indoors with air conditioning. Some

cool water on their paws, abdomen, and armpits will help along with water on their back and neck. If you use a garden hose, let it run a few seconds to get the hot water trapped in the hose flushed out first. You can also grab a towel and wet it down to put

under (not around) your dog to cool them further. You can start to offer them some small amounts of water to drink, but it doesn't need to be forced since they may not want it.

There are a few things to avoid and a couple of items you should never

do that are worth noting. Extremely cold water or ice should be avoided, in part because it can cause blood vessels to constrict and could actually slow the cooling process. Don't let them drink

continued on page 25



Left: Audrey playing in the park, Right: Linda Coad and Remi Haygood.



## CONSIDERING A MOVE?



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# Historic District Commission

## Historic Preservation Rehabilitation Tax Credits

By Kristi Harpst & Cindy Kochanek

Wondering where to find a bit of extra financial help in order to make that dream project on your historic building a reality? Historic Preservation Rehabilitation tax credits may be the answer you're looking for. North Carolina is one of many states that offers a tax credit for the continued use or adaptive re-use of historic buildings – both residential and commercial. The tax credit is a dollar-for-dollar reduction in income taxes owed and is often the

make-it-work missing financial piece that makes larger adaptive re-use projects possible.

The rehab tax credits can be used for items including historic window repair, stabilization of a foundation, restoration of a porch, and much more. The demolition of a historic structure results in the loss of the possibility of a rehab tax credit, since the purpose of the credit is to support the continued use of historic buildings.

To take advantage of the tax credit a building must be in the National Register of Historic Places. The National Register of Historic Places, often shorted to the National Register, is the nation's official list of places worthy of recognition due to their role in American history. The National Register is an honorary list and does not require design review or provide protection unlike local historic districts. The boundaries of a National Register district can differ from a locally designated district. For example, the Elizabeth neighborhood is a National Register historic district only, and Hermitage Court is a small local historic district within the larger boundary of the Myers Park National Register district. In Dilworth and Wesley Heights, the National Register district and the local historic district boundaries closely mirror each other. To view the Dilworth National Register listing report, which includes details of each building in the district, head to the City of Charlotte's HDC webpage or visit the North Carolina State Historic Preservation Office (NCHPO) website.

Most National Register-listed buildings in Charlotte are residential; however, there are a number of commercial buildings eligible for listing. Commercial and income producing (residential rental properties), can take advantage of both the state and national rehab tax credit which, when combined can total up to 40%. Many buildings in Charlotte like Optimist Hall, Belmont's Louise Cotton Mill, NODA's Highland Park Mill, and South End's Charlotte Fire Station No. 2, now a salon and spa, have all taken

advantage of rehab tax credits. If you are interested in finding out if a building may be eligible for the tax credit, please reach out to HDC staff or NCHPO staff. Additional details on the state tax credit and the federal tax credit are available on the NCHPO website, <https://www.ncdcr.gov/about/history/division-historical-resources>.

As always, feel free to contact HDC staff if you have any questions on this topic or any other questions or concerns regarding the historic district or your historic structure. HDC staff can be reached via phone at 704-336-2205 or email at [charlottehdc@charlottenc.gov](mailto:charlottehdc@charlottenc.gov). Check out our posts on Facebook and Instagram @cltplanning for more information on Charlotte's Historic Districts and relevant preservation information, including posts to celebrate Preservation Month every May. ■



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# Home & Garden

## Summer Tree Rx

By Liz Lewis

As we enter another hot summer, it's important to remember that our trees will get thirsty. Here's your quick guide on how to recognize heat stress and what to do about it.

### Signs of drought suffering:

- Leaves are wilted or even scorched, and/or turning their fall color prematurely.
- Branches are dying and canopy is thinning.
- Pests are invading.



Wilted, dry tree leaves.

### What to do:

- Water young trees twice per week (about 5 gallons) and mature trees once per week (the equivalent of 1 to 1.5 inches of rain). For mature trees, you'll need to provide water to several points around the trunk to access all the roots.
- Water your trees slowly. One tip: Punch small holes in the

bottom of a 5-gallon container, fill it with water and let it seep out slowly.

- Another tip for bigger trees: Set up your sprinkler so it hits the area under the "drip zone," or the area beneath the branches.
- Water in the morning.
- Mulch to hold in water. Best practices: Keep mulch about four inches away from the trunk, build it to four inches of thickness and mulch to the drip line (if that's too much area, aim for at least 4 feet out). ■



Girl watering under the "drip zone".



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# Recovering Strong After a Fire at Dilworth Animal Hospital

By Valerie Preston

One night in the fall of last year, a faulty exterior light triggered an electrical fire at the Dilworth Animal Hospital. Twenty-seven firefighters arrived, and despite their rapid response and diligent effort, the historic portions of 814 East Boulevard were lost. Since that night, many neighbors have asked about the clinic, the owners and staff, and whether or not they were continuing to practice elsewhere. The answer is yes.

The doctors at Dilworth Animal Hospital continue to tend to their clients. Before getting into those details, it's important to

understand the care and concern that went into both the original practice and the temporary arrangements.

Jill and Mathew Wheelock, husband and wife veterinarians, opened Dilworth Animal Hospital in 2008 and their commitment to compassionate care has extended well beyond the animals

they treat. The Wheelocks are longtime Dilworth stewards – from preserving history during renovations to accommodate a modern veterinary hospital to generously supporting the efforts of the Dilworth Community Association. They feel a deep responsibility to their community and those who depend on them.

That sense of responsibility weighed on them as the practice grew and stretched the limits of the building. The Wheelocks worried about having to look beyond Dilworth for the appropriate facility. More troubling than leaving the neighborhood they loved was the concern that they would inconvenience and disappoint

their clients. Then “Lady Grace”, the property next door, became available and expansion plans got underway. Their problem was solved, until late last November.

The fire at the hospital was devastating. Even so, the



Firefighters responding to the Dilworth Animal Hospital fire.



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Aftermath of the fire.

Wheelocks' thoughts were with their staff and clients. Thanks to business interruption insurance they were able to reassure their staff that no jobs or paychecks would be lost. Unfortunately, the solution to client care was not as simple and this was most distressful. After a lot of work and a few bumps along the way, the Dilworth Animal Hospital has been back to caring for our animals.

If all goes well, by the time of this publication, a modular unit with state-of-the-art surgery facilities should be in operation behind 820 East Boulevard. It will have three exam rooms and x-ray capabilities. In the meantime, most animals are being seen in the Key Man building at 1409 East Boulevard while dental and surgical procedures are performed in surgical suites provided by Nick's Veterinary Hospital at 3100 S. Tryon.

The Wheelocks expressed deep gratitude for the kindness, loyalty, and patience Dilworth has shown during their struggle. Be sure to visit their website for updates on their services and facilities: [www.dilworthanimalhospital.com](http://www.dilworthanimalhospital.com).

## Something Classic

continued from page 12

to bring them into the hunger-solving equation. So of course, when we started talking about this project with Zack, the soup almost cooked itself. The premise is really a full-circle equation. Let's create a scratch soup made exclusively from products grown and raised in our community and put this in the marketplace. For every soup sold, Carolina Farm Trust donates a mason jar quart of healthful soup to an organization in need. The “Stone Soup” concept involves the community with their purchase, puts our culinary staff to work, and then feeds someone in need. When you purchase the Stone Soup you can ear-mark where the soup will be donated. So for the Dilworth Community, you can select the **Dilworth Soup Kitchen**.

The Carolina Farm Trust also supports Historic West End Partners, West BLVD Neighborhood Coalition, HEAL Charlotte, Latin America Coalition, Project 658 & Charlotte LGBTQ Chamber of Commerce.

Something Classic is offering FREE DELIVERY with a minimum purchase of two quarts of soup through June 30. You can order our Stone Soup for your Soul at <https://www.somethingclassic.com/product-page/stone-soup-for-your-soul>.

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# Merchant *News*

By Mary Beth Sensabaugh

## Coolvio

Using the new bArctic shirt from Coolvio will keep your dog cooler in the summer. Coolvio was started by Remi Haygood and Linda Coad, who both own other businesses in Dilworth. When Linda's dog Audrey got overheated last summer, she put a cooling shirt of her own from Lumiton on Audrey. The results were dramatic and bArctic was born. The patented material reduces heat, converts 98% of the sun's harmful UV rays into healthy cool red light, has no chemicals, and lasts all day. Some cooling shirts work based on evaporation - you wet them down and your pup gets cooler as the water evaporates. bArctic requires no water, they use the power of the sun to provide the cooling - how cool

is that? In fact, Coolvio's thermal images show bArctic's fabric staying 31.1F degrees cooler in the sun. Coolvio's bArctic dog shirt is the only one on the market that uses this technology. Visit [coolvio.com](http://coolvio.com) to learn more and order your bArctic shirt today before the heat of the summer arrives.



## Helton Counseling & Wellness

Hello! My name is Chip Helton and I am a therapist and the owner of Helton Counseling & Wellness. My office is conveniently located at 1218 East Boulevard. I work with adolescents and adults who are experiencing depression, anxiety, the stress of a

continued on page 25



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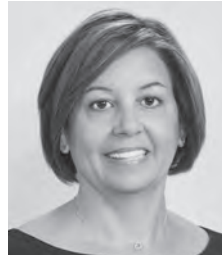
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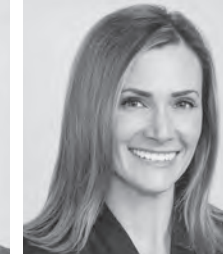
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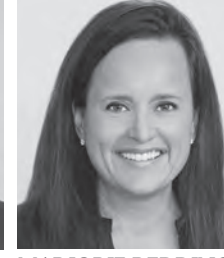
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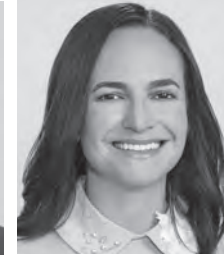
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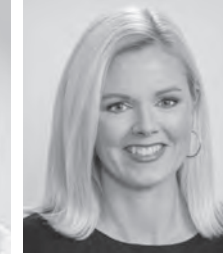
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global pandemic. The truth is it is likely to increase during this time. Your continued financial support makes it possible for us to meet the demand increase we will likely see in the coming months, providing hope and healing to every child who needs us.

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**Friendship Trays** Their mission: To deliver nutritious meals to elderly or infirm individuals in the Charlotte community who are unable to obtain or prepare their own meals while also providing human connection to the isolated and lonely and peace of mind to their families.

COVID-19 Update: During this time of crisis, Friendship Trays has refocused deliveries on our most vulnerable recipients who have no other sources of food. They have been in regular contact with all recipients and are determined to meet the pressing needs of our neighbors.

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**Florence Crittenton** During the COVID-19 crisis, Florence Crittenton Services, an organization with residential programs serving pregnant women, adolescents in foster care and young mothers and the children, continues to be fully operational.

Our mission is to promote health and hope for tomorrow's children by providing comprehensive health, educational and social services.

Crittenton has been located in Charlotte for 117 years and in Dilworth area for over 70 years.

To donate or contribute an essential item: [www.fcsnc.org/giving-opportunities](http://www.fcsnc.org/giving-opportunities)



**Frontline Foods** supports healthcare workers by delivering free healthy meals from local restaurant kitchens to healthcare workers.

To donate: [www.frontlinefoods.org/charlotte](http://www.frontlinefoods.org/charlotte)



**Loaves and Fishes** needs your donations. \$33 feeds an individual for a week.

To donate: <https://loavesandfishes.org/covid19help>

too much water too quickly because it can cause vomiting. You should avoid confining or covering your dog as it could trap the heat in. Even a wet towel over their back can feel more like a sauna and heat them up instead of cooling them down. Only use water for cooling and never use alcohol on their skin or fur in an attempt to speed up evaporation. And lastly, do not give them aspirin like you would to a person when you are trying to break a fever.

Prevention is always the best option. As the saying goes, an ounce of prevention is worth a pound of cure. As much as we want to bring our dogs with us wherever we go, if it's hot out, leave your pup home. When you do have to take them out, try to keep their outdoor activities limited, bring them out a little earlier in the day when it's cooler, and keep vigorous exercise to a minimum.

Car safety is a hot topic, an unattended dog in your vehicle with a cracked window is not safe, temperatures can rise quickly even if it's only 70 degrees out. A walk on a paved pathway may sound good but it can be dangerous when your pets' paws come in contact with the hot surface. It is a good idea to test the asphalt first, if you can't keep your hand on the pavement for more than a few seconds, it'll be too hot for paws too. And finally, keep your pet hydrated, frequent opportunities for some fresh water will

help them moderate their body temps.

There are many products available in the market as well. A quick trip to your favorite pet store or online will give you lots of options to choose from. Be on the lookout for bandanas, cooling vests, cooling shirts, booties to protect paws from asphalt, and portable water bottles and bowls to help keep your dog more comfortable.

We hope knowing how to keep your dog safe from overheating helps you enjoy more play time together outside with your dog this summer!

Hope to see you in the neighborhood out walking our dogs! ■

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# Your Quarantine Stories

We circulated an email in late April (thanks to everyone who replied, and our apologies if it didn't make it to you!) asking you to answer a list of questions about how the coronavirus pandemic and resulting quarantine has impacted you. April might seem like a long time ago now, but here's what you said.

## Questions:

### 1. Describe the last month in 3 words or less.

Weird getting weirder. (Tom Ferber)

We are okay. (Nikki Campo)

Stress, Joy, Repeat. (Anonymous)

Devastating but grateful. On March 18 my mother became bedridden and I moved her in with me because I didn't want her to go into a nursing home, this was about the time all the restrictions went into place. Over the next four weeks she continued to decline in health, and passed away on April 13th. My family and I celebrated her life on 4/18 at a private graveside service. (Krista Sandy)

Challenging, surprisingly busy. (Ornob Roy)

The last month in three words is pretty tough! My initial words

are "great family experience!" It felt like a vacation, work each morning on our laptops then go out after lunch and greet the day of walking the dogs, bike riding, sitting on the porch, picnic in back yard, etc... we felt energized each day as if we were on vacation! (Keely Edwards)

Redefined family time. (Anonymous)

Homeschool and Netflix. (Renee Anglin)

Bizarre. (Anonymous)

Surreal. (Erin Holland)

Entropy, persistence, tightrope. (Jasa Li)

Peaceful, lonely, quiet. (Mathew Demetriades)

Life-changing and challenging. (Anna Lauren Fresk)

It's a toss up between Let it Go and Into the Unknown. (Nicole Vourlas-Davis)

Reflect, restore, recharge. (Melody Cassen)

Stifling; Groundhog Day. (Anonymous)

### 2. What's something you started doing during the stay at home order that you want to keep doing after this is over?

Walk around the neighborhood at the end of my work-from-home day. (Tom Ferber)

Art for Kids Hub (how-to-draw videos) with my kids and streaming jazz (with wine) starting at 5pm. (Nikki Campo)

Morning workouts out on the street with neighbors--with compliant social distancing, of course. And long walks around the neighborhood with our family. (Anonymous)

Reading lots of books. (Krista Sandy)

Eating breakfast with my family. (Ornob Roy)

Puzzles with family- large 1500 piece difficult puzzles made easier by singing along to Classic Rock. (Anonymous)

Neighborhood walks and bike rides. (Renee Anglin)

I think when the quarantine is over and our schedules are full of soccer, golf lessons, basketball, softball, work meetings, etc... I will take inventory of the activities and which ones need to get axed so we have some down time. Its important for each of us to learn to fill empty time with quiet time and self-entertainment. I think that so much before was go go go...not a moment to be bored! Boredom is a good thing, it makes us create! (Keely Edwards)

Planning family meals a week at a time, making our own cocktails, and family bike rides. (Anonymous)

Yoga. (Erin Holland)

The things that are essential to our well-being and happiness surfaced during these past few weeks. Each member of our family has discovered their own paths to happiness within the limits of quarantine. I'd like for us to continue to focus on these essentials even when faced with the distractions of the usual day-to-day. (Jasa Li)

Spending more time outside. (Mathew Demetriades)

I started choreographing "family dances" and creating "family dance challenges" for all of our studio families with prizes that support other small businesses, such as gift cards to local restaurants. It has been really fun and I want to continue to encourage family/community dancing and continue to support fellow local businesses even when all of this is over. (Anna Lauren Fresk)

Group FaceTime calls with adult beverages. (Nicole Vourlas-Davis)

Bike riding. (Melody Cassen)

Biking riding with the kids before dinner. (Anonymous)

### 3. What's something you miss from "normal" life that you want to start doing again?

Simple things, like going out to eat at a local restaurant.

(Tom Ferber)

Having a mocha latte with coconut milk at Living Kitchen. (Nikki Campo)

Date night out. (Anonymous)

Playing tennis! (Krista Sandy)

Our monthly neighborhood pot-lucks. (Ornob Roy)

Gathering with friends & out of town family; dinner parties; TRAVELING!! (Anonymous)

Going out to eat. (Renee Anglin)

I really miss some of my grooming appointments, like hair salon, pedicures, etc... (Keely Edwards)

Meeting with friends and eating/drinking at all of the great Dilworth restaurants. (Erin Holland)

Visiting with my parents. We love seeing them, but for my kids, time spent with them is pure gold. (Jasa Li)

Visiting my dad at his assisted living facility. (Mathew Demetriades)

Seeing my students and teaching dance in person—not through a screen. (Anna Lauren Fresk)

Warm hugs. (I sense a theme here....). (Nicole Vourlas-Davis)

Concerts, dinner with friends, dancing. (Melody Cassen)

Hugging. (Anonymous)

### 4. If you were going to give your 1-year-ago self some advice to prepare, what would it be?

Buy Toilet Paper :) (Tom Ferber)

Figure out what tv shows and apps you \*can\* get behind because your kids are going to be spending a lot more time watching and using them. (Nikki Campo)

Stock up on toilet paper. And buy stock in Purell and Zoom. (Anonymous)


Be more thankful for restaurants, owners and staff. (Krista Sandy)

Build and emphasize healthy public hygiene habits! (Ornob Roy)

Don't put off tomorrow what you can do today. Book that river cruise, take that weekend trip to the mountains or beach, put down your phone and talk to your wife/husband and children - they can be quite insightful :-)

(Anonymous)

continued on page 28




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Baby steps--things are going to be uncertain for a long time and won't get back to normal all at once. Take it in stride and just enjoy the time with family. We might have also tried to take all of our trips last fall ;) (Anonymous)

Don't start any big projects, you'll have plenty of time in 2020. (Erin Holland)

Teach your kids how to do things for themselves, like folding laundry and making simple meals. I'm finding that they are very capable and want to help. (Jasa Li)

Stock up on toilet paper, Clorox and Lysol. (Mathew Demetriades)

Stock up on more sanitizer and cleaning supplies when they were readily available. Having to hunt down toilet paper, sanitizer, and cleaning supplies has added more time-consuming and frustrating challenges to already challenging circumstances. (Anna Lauren Fresk)

Oh wow where do I start...You will be in Costco on March 2, and will decide to wait to buy toilet paper. Bad decision. Buy the TP. Double it. Oh, and you remember Lord of the Flies? That's about to become your real life. Minus the killing and sandy beaches. (See attached photo of my little savages. Don't let the smiles fool you.) Also, schedule ALL self care salon appointments for March 20.



Nicole Vourlas-Davis' children at home.

(Nicole Vourlas-Davis)

Stock up on Purell. (Melody Cassen)

Wash your hands. (Anonymous)

**5. Anyone you want to say thanks to? (Could be a person or group of people).**

Everyone on the front line - our Doctors, Nurses, and Medical professionals. Thank You. (Tom Ferber)

Doctors, nurses, medical staff, the neighbors who step in as doctors in a pinch when a child splits her forehead in the shower,

grocery app shoppers and delivery people, and the tireless teachers of school, dance, and gymnastics via Zoom. (Nikki Campo)

My husband, for marrying me. If you still love--and, more importantly, like--your spouse after being quarantined together for a month, you know you made the right choice! (Anonymous)

Everyone who works at the grocery stores, Hospice and the sitters from Golden Hearts. (Krista Sandy)

The nurses in our hospitals - for very little money they are putting their lives on the line every day. (Ornob Roy)

Thank you to the neighbors making dinners, mowing lawns, etc for other neighbors. - To the folks on Winthrop providing Saturday night music. - To all the teachers that manage to still educate the children despite technology challenges and their own famil to manage. - To the parents that teach their children to respect other peoples property when riding bikes. (Anonymous)

Teachers. All of them. (Renee Anglin)

I want to thank our companies that we work for. They have allowed us to work from home (both of our businesses are deemed essential) and have understood we have to balance work and home life even more so right now. I am very thankful that my family has not felt the financial devastation of people whom have lost their jobs. Although we are both very nervous about the future and job opportunities, we are living in each day and not taking that for granted. (Keely Edwards)

Health care and service professionals who are making it easy for us to stay at home. (Anonymous)

400 Block of Worthington for finding humor in so many things! (Erin Holland)

Anyone that is taking social distancing seriously--the fewer conduits we offer the virus, the safer we will all be. (Jasa Li)

Friends for delicious dinners (delivered). Family and friends for texts, phone calls and check ins. (Mathew Demetriades)

First and foremost, our healthcare workers!!! I'm from grateful beyond words for their sacrifices. I am also super thankful for my children's school teachers, my very hardworking and dedicated staff, and all the parents who have been so supportive of my business throughout this time. (Anna Lauren Fresk)

Elsa, Anna, Kristoff, Olaf, and Sven. Wait, what? I mean, the ladies of the Dorothy/Winthrop Boot Camp...thank you for the best start to the day. (Nicole Vourlas-Davis)

Health care professionals, teachers, postal workers / trash collectors and emergency workers! (Melody Cassen)

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## Biking in Dilworth

By David Preston

Dilworth offers a wide menu of transportation options – indeed, one of the great pleasures of Dilworth living is the diversity of ways to get from place to place. Residents often cite “walkability,” and the associated ease of seeing and meeting neighbors on naturally shaded sidewalks, as one of the primary reasons to love Dilworth.

Dilworth’s historical foundation is based on innovative and diverse transportation options – per the Charlotte-Mecklenburg Historic Landmark Commission, the first electric streetcar left Uptown for Dilworth in May 1891, leading to Dilworth’s designation as a “streetcar suburb.” The CMHLC further reports that buyers appeared at the original Dilworth land sale “in hacks and buggies, on horseback and on foot.” The more recent introduction of the Lynx Light Rail line provides Dilworth residents an additional way to get to and from Uptown.

In 2020, this tradition continues, as Dilworth residents have increasingly adopted the bicycle as a viable option for travel. Bike lanes along East Blvd and Park Road allow for bike trips along busier roads. More commonly, Dilworth residents use bikes for trips within the neighborhood, peacefully riding along the quiet neighborhood streets. For many trips within the neighborhood, biking only means a small increase in required time; in many cases, biking can actually take less time, as driving means traffic. In addition, parking – which on many Dilworth streets can mean parallel parking on narrow streets – is no longer an issue.

When venturing from Dilworth to South End, the “Rail Trail” that follows the light rail tracks is a favorite spot for bike rides.

A bike ride works for leisurely pleasure rides, or as a way to move among the many dining hotspots, breweries, art galleries, or retail offerings along the Rail Trail.

Charlotte B-cycle offers a new way to ride bikes in Charlotte (full disclosure: the author has an annual B-cycle membership). This “bike share program” has various stations where bicycles can be checked out for short trips around town. After purchasing a 24 hour pass or an annual membership, the rider checks out a bike from a station. The 24 hour pass allows the cyclist 30 minutes to dock the bike at any B-cycle station in the network – at which point, one can check out another bike.

Charlotte B-cycle has several stations in and around Dilworth – including at Carolinas Medical Center, and several stations along the Light Rail tracks. For those new to bike sharing, a popular stop is the station at Freedom Park – perfect for a peaceful afternoon at the park.

Whether it is with a personal bike, or via the bike share program, more and more Dilworth neighbors are finding biking to be an efficient, sustainable, healthy, and relaxing way to get around. Happy biking (and please remember to wear your helmet and obey all applicable traffic laws). ■



To the men and women continuing to be on the front line of any industry have deals with people. (Anonymous)

### 6. What’s saving your life right now (can be silly or serious!)

Since my wife and I are both working from home we nicknamed our dogs HR and Finance. (Tom Ferber)

Schitt’s Creek on Amazon Prime Video. (Nikki Campo)

Walks outside. And Disney+ (Anonymous)

Family, friends and God. (Krista Sandy)

Easy - My wife’s mad cooking skills, good weather, and the Internet! (Ornob Roy)

Exercise, reading books, puzzles, wine, Scotch :-). (Anonymous)

The spring weather. (Renee Anglin)

Netflix, Amazon Prime, Fresh Market, my power washer, Campbells flour and the spring time! (Keely Edwards)

Books and cocktails. And a great teammate (my husband). (Anonymous)

Wine. (Erin Holland)

My children. Caring for them gives me purpose and fills up my day. The weeks have actually gone by very quickly. Although we have had very trying moments, I’ve also found unexpected joy in spending so much time with them. I feel like I have a much deeper understanding of who they are. (Jasa Li)

Virtual Happy Hour. (Mathew Demetriades)

My family’s precious new puppy and the fact that I am still just as busy, or busier, than I have ever been. No boredom for me! (Anna Lauren Fresk)

Tiger King. And Disney Plus, obviously. (Nicole Vourlas-Davis)

Nice weather, cooking and wifi. (Melody Cassen)

Our child care - the only thing giving our world some semblance of normality. (Anonymous) ■

## Walking the Dog in Dilworth in the Age of the Coronavirus

By Mark I. West

The swing on the porch

Sat empty for years,

But now it is occupied.

In the afternoons,

A woman sits there.

She waves at us passersby.

A kid with a sax

Stood on the stoop.

He played a jazzy tune.

He wasn’t that good,

But he didn’t give a damn

He was glad he’d escaped from his room.

We, the walkers of dogs,

We pass in the street.

We observe the six-foot rule.

Our dogs though pull at the leash.

They truly don’t care.

They greet as dogs always do.

Our dogs and ourselves,

We are all social beasts.

It’s so hard to self-isolate.

With a wag or a wave,

We all strive to connect,

As we wait out this viral outbreak.